Skills Certification

For Working Service Providers

Guidelines

Trade	WAITER
Objective	Experienced service providers from the
	industry who have no formal training or
	certificate
Duration	Five days orientation of 35 hours
Eligibility	In-service personnel
Admission	Through Advertisement and trade publicity on
	first come first served basis with minimum
	class size of 15 candidates
Fee	No course fee for trainees. Institute to pay @
	Rs.200/- per day to trainee
Course	To be delivered by Institutes of Hotel
Administration	Managements (IHM) as authorised by Ministry
	of Tourism, Government of India under the
	Capacity Building Scheme for Service
	Providers (CBSP).
Examination	1. Theoretical knowledge would be tested
	through Viva of max. 30 marks. Practical
	test of skills would be done comprising max. 70 marks.
	2. Based on the outcome of the test,
	candidates would be certified on grades
	of competence ie. Candidate securing
	between 60% to 70% Grade – III, 71% to
	80% Grade – II and 81% and above
	Grade – I. Those unable to obtain
	minimum pass percentage of 60% can
	register again for the next test.
	3. There would be two external and one
	internal examiner for the skill and
	knowledge tests.
Certification	By the Institute of Hotel Management

National Council for Hotel Management & Catering Technology, Noida.

SKILL CERTIFICATION

TRADE - WAITER

COURSE CONTENT

S.No	TOPIC / TASKS	
01.	Tourism	
	Pride in Nation	
	Tourism and you	
	Your role in the industry	
02.	Food & Beverage Service - Social Skills	
	Importance of a friendly greeting – sequence of meet,	
	greet and seat - good posture, good smile, eye contact,	
	correct greeting	
	What to say when taking an order	
	What to say when serving an order	
03.	Principles of Cleaning	
	Reasons for cleaning – improve appearance, preserve	
	life of item, prevent spread of infection and disease	
	Cleanliness and guests – free from dust, dirt, stains,	
	marks, cobwebs, grease,	
	Cleaning techniques – washing, friction, suction,	
	pressure, force	
	Need for proper technique and equipment – cleaning	
	agents and their use	
04.		
	Importance and benefits of good personal hygiene –	
	daily routine	
	Why, when and how to correctly wash hands -hot	
	water, soap, drying	
	Body parts that harbour germs –nails, mouth, fingers,	
	nose, hair, eyes, ears,	
	Problems caused by boils, cuts, skin infections,	
	smoking, eating, wearing of jewellery, nail polish,	
	smoking	
	Importance of uniform – dress code, personal	
	appearance	
	Symptoms of illness for staff – particularly food	
05	handlers, notify management	
05.	Food & Beverage Terminology	
06.	Cleaning the Restaurant	



	Cleaning procedure – achieve standards	
	Routine cleaning of furniture, fixtures, fittings, etc.	
	Cleaning of Floors – correct method of sweeping,	
	mopping, vacuuming	
07	Food Safety	
	Procurement	
	Storage	
	Preparation & Cooking	
07.		
	Role of the Restaurant – to provide food and beverages,	
	served attractively, good service, enjoyable environment	
	Restaurant Organisation – Manager (Maitre D'Hotel),	
	Captains, waiters, trainees, duties, barman,	
	Staffing, equipment, fixtures and fittings – linkages with	
	other departments, kitchen, stores, stillroom, co-	
	operation and team work, Layout- fire exit, safety,	
	location of equipment/stations, IN and OUT doors.	
	Stores- crockery, glassware, linen, wine cellar	
	Mise-en-place (things in place) – check list method of	
	preparation, equipment close at hand, less delay in	
	service, professional, clean, organised, correct, stocked	
	and displayed – for different service – breakfast, lunch,	
	dinner	
	Laying of Table – different shapes, sizes of tables and	
	table cloths as per event. Table cloth to be clean,	
	hygienic, starched, cloth in good condition, correct size.	
	Laying of correct Doily. Cutlery and glassware as per	
	order. Safety of handling, polishing, hygiene, carrying of	
	glassware. Setting up of table	
	Serviettes & Condiments – different folds, hygiene, filling of cruets, sugars, sauces, flower arrangements,	
	decorations, wash vases	
	Sideboard and Service Table – use, stocking, arrange,	
	preparing, cleanliness	
08.	Use of Tray	
	Uses of a tray – salvers, advantages and disadvantages	
	of different trays	
	Tray Shapes and Composition – material of trays,	
	stainless steel, plastic (laminated), wood, silver	
	Loading of Tray – correct size, cleanliness, tray liner or	
	serviette (cloth), heaviest item in centre, safety,	



	balancing, unloading a tray	
	Carrying positions – low carrying, hand and arm	
	carrying, high carrying, safety and balance for each,	
	Laying a tray for a meal – depends on the customer's	
	order, choosing a tray	
09.	Carrying & Clearing Plates	
	Service Cloth – uses of clean waiter's cloth for carrying	
	cold and hot dishes, hygiene and safety. Position of	
	arms, folds. Clean cloth, no smell, no holes and tears,	
	carried properly	
	Carrying plates – stacking using the waiters cloth,	
	carrying of two or more hot or cold plates	
	Clearing of Table	
	Crumbing down – approaching the table, no	
	inconvenience to guest, stacking, scraping of plates,	
	placing used cutlery on first plate, using brush to	
	crumb down, remove cruets, ash trays and condiments	
10.	Customer Care	
	Quality Service – provide high quality experience, to	
	every customer, every time. From greeting the guest,	
	giving information, dealing with special requests, saying	
	good bye. Politeness. Share experiences	
	Special Needs Group – Business traveller versus holiday	
	maker. Elderly, children, disabled, different cultural	
	backgrounds. Sensitivity, caring and professional	
	approach to each	
11.	Taking the Order	
	Types of menus	
	Sequence of presenting a menu	
	Explaining menu items and making suggestions	
	Salesmanship	
10	Taking the Order	
12.	Placing Order to the Kitchen & Bar	
	Placing an order properly in the kitchen and bar	
10	Pick up	
13.	Food Service	
	Order of Service –different styles of service, silver,	
	family, plate. Sequence of work, order of serving guests,	
	customs, etiquette, ladies first, host last. Serve from left	
	clear from right	
	Proper plates for different items - carrying of plates and	



	dishes, wiping of plates using service cloth, order and	
	method of placing plates on the table, temperature	
	check for plates.	
	Using Spoon and fork for service – transfer of food from	
	dish or flat or deep dish to customer's plate using	
	serving spoon and fork.	
	Using different service items - Serving with two forks,	
	serving with fish knife, using sauce boat and ladle, pie	
and cake slices. Marrow spoon. Other cutlery		
	Sequence in serving meals – beverages, soups, main	
	course, deserts	
14.		
	Types – soft drinks, juices, non-alcoholic wines/beers,	
	tea, coffee	
	Equipment -	
	Soft drinks	
	Tea & Coffee	
	Water & Ice	
15.	First Aid & Emergencies	
16.	Closing the Restaurant	
	Soiled items – procedure for removing soiled linen, its	
	removal, storing, send for washing,	
	Preparing for next service – for the next day, layout of	
	chairs/tables, crockery, cutlery lay up, service	
	equipment, sideboards/service tables, food and	
	beverage items, still room set up, garbage disposal	
	Routine closing procedures – windows/doors,	
	heating/cooling, electrical equipment, gas and fuel,	
	garbage removal, music, bar cabinet, lights and	
	candles, keys, guards and security	
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SKILL TEST FORM-WAITER

DATE:

REGISTRATION NO:

NAME:

I. Skills Test: Maximum 70 marks

Marks Marks Obtai	ned
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1.	Grooming and Uniform	05	
2.	Preparation of station and side board	10	
3.	Setting up of tray for a specific service / meal	10	
4.	Receiving guests and taking order	05	
5.	Serving meal and beverage	30	
6.	Clearing the table and settling the bill	10	

Total (I):

II. Knowledge Test - Viva: Maximum 30 marks

A bank of 100 questions will be prepared by the institute based on course content. 15 questions would be put to the examinee who would be awarded 02 marks each for correct answer.

Total (II):



Grand Total (I & II):

NAME OF EXAMINER - INTERNAL: _	SIGNATURE
NAME OF EXAMINER - EXTERNAL: $_{-}$	SIGNATURE
NAME OF EXAMINER - EXTERNAL: _	SIGNATURE
NOTE: The examiner will test skill of ex	aminee based on tasks and situations
Centre: Institute of Hotel Manager	ment,
/1	

National Council for Hotel Management & Catering Technology, Noida.